



Sports performing Arts School Events



We are the
champions!

Who we are

We are a young start up with a comprehensive one stop solution for all schooling needs providing a full suite of products, programs, and services from Kindergarten to Grade 12. We are specialized in providing services in the field of sports and performing arts. Our services include developing age appropriate curriculum, providing qualified trainers, conducting fitness tests and talent hunts, assuring accurate assessment, training students for competitive events, conducting various train the trainer modules, continuous monitoring and quality assurance programme.

We at ACUVER aim to provide the best service and expertise to ensure highest quality education in the field of sports and performing arts through professionals.

What we do

Acuver works with schools to implement an Integrated Sports and Performing Arts program. The programme is designed to offer as formal subject as in academics. With our educational system changing at an unprecedented pace, we must provide education that goes beyond Academics' and fosters overall developments skills through Sports & Performing Arts programme.

Our sports program is designed to evolve the physical fitness of children through a comprehensive and structured annual curriculum. It integrates learning with fun filled activities and games while ensuring utmost safety of children. Our expert panel of sports specialists, coaches and fitness instructors proffer their best training to this generation of youngsters who need to be awakened from a sedentary life pattern.

We work to give every child a sporting start in life through high quality PE and sport in schools by way of Physical Education, Healthy Active Life style and Competitive school Sports.

Along with sports excellence we also focus on developing their soft skills through the medium of our performing arts education.



Acuver Provides:

- Integrated Sports and Performing Arts
- Coaches
- Age Appropriate Curriculum
- Quality Assurance Check
- Train The Trainer Program
- Assessment of Students
- Events – Annual Sports Days And School Annual Day
- Inter House And Inter School Competitions
- After School Program

Why choose us

At Acuver, our approach is child-centric. We understand the importance of fitness for children whether it is physical or mental fitness. All our programs, products and services, whether it is our sports and performing arts program, our training modules, our recruitment services, events etc. are all designed with this as our focal point.

By providing a whole range of services like Integrated Sports and Performing Arts, Coaches, Age Appropriate Curriculum, Quality Assurance Check, Train The Trainer Program, Assessment of Students, After School Program and organising Inter House Competitions, Inter School Tournaments, Annual Sports Days, Annual Cultural Days etc. we cater to the needs of students, parents, teachers, coaches as well as educational institutes.



Current Scenario of Sports

Global recommendations on physical activity for children aged 5-17 years calls for at least 60 minutes of moderate to vigorous intensity physical activity every day. Unfortunately, in India, in spite of widespread awareness on the importance of sports and physical activity, fitness levels among school children in this age group continue to be less than optimal.

- 2 in 5 kids don't have a healthy **BMI**
- 1 in 2 Kids lack the adequate **LOWER BODY STRENGTH**
- 2 in 5 Kids don't possess the adequate **UPPER BODY STRENGTH**
- 1 in 5 kids don't have the adequate **ENDURANCE CAPABILITY**
- 3 in 10 kids don't have the desired **SPRINT CAPACITY**
- 1 in 4 kids don't have the **DESIRED FLEXIBILITY**



Why Integrated

Sports & Performing Arts In Schools



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Our Sports Programme

INNOFUN / INNOFIT / INNORUN / INNOEXEL

INNOFUN

PRE - PRIMARY PROGRAMME

INNOFUN is an educational sports programme specially designed for Pre Primary Schools. It focuses on fun based learning where children learn essential skills while they are having fun.

We help to identify and nurture every child's latent talent and help them to maximize their innate potential. It aims at accelerating physical, social and cognitive development.



INNOFIT

PRIMARY PROGRAMME

Our INNOFIT programme offers sports instruction and practice in diverse skills through developmentally appropriate activities specially designed for children in the primary grades. These fundamental skills include gross motor skills, body management skills, and space awareness skills, manipulative and non-manipulative skills. INNOFIT addresses the growing needs of schools, parents and children for a 360 degree high quality.



INNORUN

SECONDARY PROGRAMME



INNORUN programme is based on an in-depth study and understanding of the physical, psychological, emotional, and educational needs of all secondary school children.

INNOEXCEL

AFTER SCHOOL PROGRAMME



The programme aims to provide a platform and exposure to children and encourage sports as a culture and develop a strong community life. We provide consistent and ongoing training which is well planned, structured, and innovative and fun filled and that too at a convenient location which may include your residential complex, school sports club etc...

Excellence

Respect

Inspiration

“

The practice of sport is a human right. Every individual must have the possibility of practicing sport, without discrimination of any kind and in the Olympic spirit, which requires mutual understanding with a spirit of friendship, solidarity and fair play.

Olympic Charter



Equality

Courage

Determination

Our Performing Arts Programme

DANCE | MUSIC | SPEECH & DRAMA

DANCE

Tapping Toes is a customized dance programme that can be incorporated as the school's regular curriculum. It is a comprehensive package that involves complex moves which helps in enhancing flexibility through cardio and fitness exercises, to developing expressive skills and finally progressing onto choreography.

PROGRAMME HIGHLIGHTS

- Confidence Building, Physical Conditioning, Body and Spatial Awareness
- Developing Expressive Skills
- Overall Body Coordination
- Develop an understanding of the different dance forms like Contemporary, Jazz, Hip hop, Free Style etc.
- Workshops by Specialists
- Exposure to various Dance Events & Competitions

MUSIC

Singing and music play an important role in every culture. We find music in many aspects of our lives whether its theatre, television, movies, celebrations etc.

Music ignites all areas of child development: intellectual, social and emotional, motor, language, overall literacy and strengthens memory. It helps the body and the mind work together. In addition to the other benefits of music, it also provides us with joy.

PROGRAMME HIGHLIGHTS

- Understanding Music Genres
- Training to sing in a variety of Tonalties
- Understanding Rhythmic Structures & Pitch
- Understanding Major Scales
- Reading Musical Notations
- Vocal exercise to enhance vocal Range and Pitch correctly
- Vocal Discipline



SPEECH & DRAMA

Drama is sophisticated expression of the basic human urge or instinct to mimic, to get in character, delve into stories and to create visual magic through a narrative. Through ages, drama has been the tool of expression, often used to convey powerful messages to the society. Drama integrates various elements of performing arts like music, dance, puppetry, mime, musical theatre etc.

PROGRAMME HIGHLIGHTS

- Role Play & Enactment
- Mono Acts Puppetry
- Pantomime Training
- Musical Theatre
- Improvisational Theatre
- Dance Drama
- Screenplay Writing & Short Film Direction Workshop
- International Exposure Programmes



ANNUAL SHOWS

We at Acuver, are working with schools to manage their Annual Day and other school functions, making the Management of the School hassle free. Our expert panel includes professionals who will take care of needed tasks like Script Writing, Lyrics Writing, Choreography, Auditions, Casting, Stage Set Designs, Lights, LED, Sound and total Event Management and Execution.

PROGRAMME HIGHLIGHTS

- Conceptualizing the Plot
- Designing the Screenplay
- Script Writing
- Stage Direction
- Planning the entire Flow of Events
- Music Selection
- Direction & Choreography
- Set Designing
- Light Designing
- Backstage Management
- Overall Coordination
- Photography & Videography





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